



“
I look forward to meeting with moms and supporting them through parenting!
 ”
 ~Sarah, YPN Facilitator

Volunteers can make a **big impact** in just 2 hours per week!



Support. Educate. Empower.
 Since 1985





Volunteer Opportunities



Our Mission:

Creating a network of support through education and resources, to build confidence and personal accountability for healthy and successful families.

Contact Us:

-  319.364.8909
-  420 6th Street S.E., Suite 260
Cedar Rapids, Iowa 52401
-  www.ypniowa.org
-  facebook.com/ypniowa



YPN Services:

YPN offers free educational prenatal, parenting, and child/family development curriculums via peer groups and home visitations to parents with children ages 0-5. We offer a range of services to an array of families to help **support, educate** and **empower** them wherever they are on their parenting journey. We know raising a family can be tough for even the most prepared and supported; that is why we are here for all families in our community.



Volunteers make us great!

Want to help change the life of a parent and their very young child? You're not alone. Join the YPN volunteer team and start to make a difference. YPN and the families we work with everyday need YOU!

www.ypniowa.org/volunteer

There is a variety of volunteer opportunities with YPN. Short-term or long-term. We can work together to see what works best for you and your schedule.

- Provide on-site childcare for children 0-5 years of age
- Prepare and/or facilitate parent/child activities
- Assist with YPN quarterly activity nights or other special events
- Set up tables and/or serve meals
- Speak on a topic of expertise
- We Care Shop
- Driving/Clerical
- Eastern Iowa Diaper Bank
- Literacy focus: reading with youth

