

“
YPN encouraged us to
do our best no matter
what obstacles came
up; they were there
every step of the way!
”

~Amanda, former YPN mom

Wherever you are on
your parenting
journey, we are here to
**Support, Educate and
Empower YOU!**



Support. Educate. Empower.

Since 1985

Programs for
Strong Families

Our Mission:

Creating a network of support
through education and
resources, to build confidence
and personal accountability
for healthy and successful
families.

Contact Us:



319.364.8909



420 6th Street S.E., Suite 260
Cedar Rapids, Iowa 52401



www.ypniowa.org



facebook.com/ypniowa





YPN Services:

YPN offers free educational prenatal, parenting, and child/family development programs in peer groups and home visitation to parents with children ages 0-5. We offer a range of services to an array of families to help **support, educate** and **empower** them wherever they are on their parenting journey. We know raising a family can be tough for even the most prepared and supported; that is why we are here for all families in our community.



What YPN groups look like:

- Prenatal & Newborn Moms & Dads
- Infant-Toddler Preschool Moms
- Dads group
- Multi-Lingual facilitators
- Families from all walks and backgrounds
- Singles, couples, married, co-parenting
- Led by caring volunteers

What you can expect:

- Weekly meetings in a supportive, judgement-free environment
- Access to the We Care Shop – YPN's store that provides families access to diapers, clothing, baby products, toys, books and more!
- Free Transportation to group
- Free On-site school meal & childcare
- Home visitation available
- All services at no cost to you
- Youth development & literacy programs, assessments, referrals & resources as needed

