



facilitated by



— “  
*YPN showed me how to  
connect with my son  
better and that dads are  
just as important as  
moms.*

— ”  
Blake, YPN Dad

Developed by parenting and fatherhood experts, 24/7 Dad® programs help dads to be better, 24 hours a day, 7 days a week. For dads of all races, religions, and background.

## Join our 24:7 Dads sessions and receive:

FREE Meal  
FREE Transportation to/from group  
FREE Childcare during Programming  
EARN FREE Diapers, wipes, gift cards and more!

**Kirkwood Community College - Cedar Hall (3rd Floor)**  
**6301 Kirkwood Blvd SW, Cedar Rapids, IA 52404**  
**Thursdays, beginning September 1 - November 17, 2022**  
**5:30-6:00pm Meal, 6:00-7:15pm session**

Please RSVP to Meredith at 319-364-8909 or [mmyers@ypniowa.org](mailto:mmyers@ypniowa.org)



# Prenatal & Parenting Groups

## Prenatal ~ Moms ~ Dads

— “ —  
*I'm really happy I have a support system to walk me through this pregnancy.*

~Taryn, YPN Mom

” —



— “ —  
*YPN staff helped me to see that Dads are just as important as Moms.*

~Josh, YPN Dad

” —

## YPN Parent Incentives:

- Weekly group meetings in a supportive, judgement-free environment
- Educational curriculums facilitated by caring mentor-facilitators & YPN staff
- Access to the We Care Shop – YPN's incentive-based program that rewards families with points that can be exchanged for diapers, wipes, clothing, books, and baby products.
- All services at no cost to you! Earn a chance to win gift cards for each session you attend!
- On-site childcare during program
- Snacks at each group meeting

## We look forward to seeing YOU!

### LOCATION:

Kirkwood Community College  
Cedar Hall (3rd Floor)  
6301 Kirkwood Blvd SW  
Cedar Rapids, IA 52404

### WHEN:

Thursdays  
September 1 -  
November 17,  
2022

### TIME:

5:30-6:00pm  
Arrive & Meal  
6:00-7:15pm  
Dads Group



[www.ypniowa.org](http://www.ypniowa.org)



(319) 364-8909