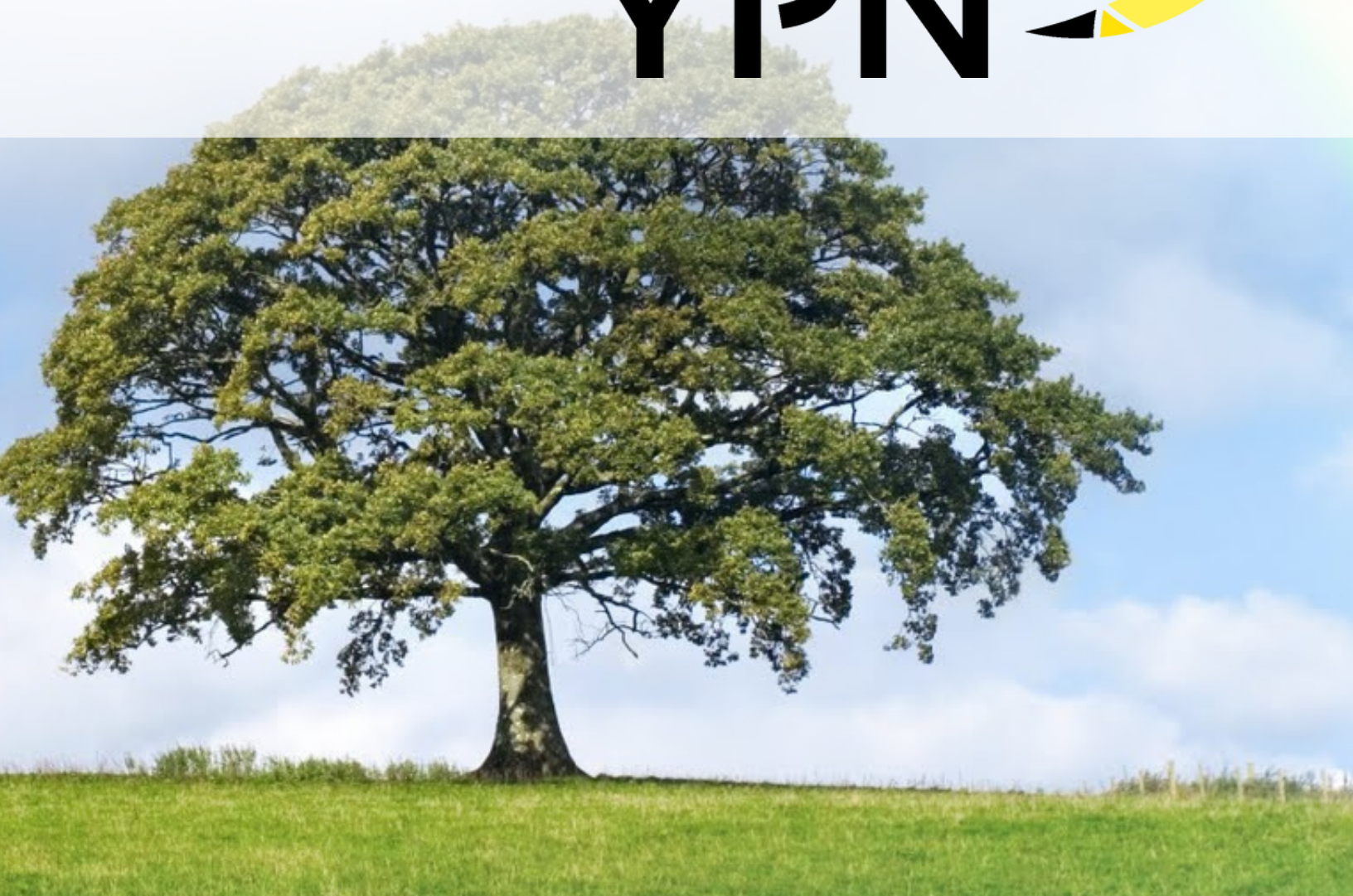


FY21 Impact Report

July 1, 2020-June 30, 2021

YPN



Dear Friends,

Life is in a constant state of motion offering opportunities for both transformation and renewal. Yet, as time goes on, YPN remains steadfast in our belief that, "A healthy family is at the core of a healthy society." This principle will continue to guide our work and ensure all we do comes from a place of love. I am so proud to share how YPN continues to impact our community and offers the stability so many need.

While this work is not easy, it remains powerful beyond measure. Having the ability to impact the life of another person is one of the most profound abilities we possess, and I see YPN doing this on a daily basis with your support and generosity. Our annual report reflects our collective ability to impact lives. As a community, we can continue working together to create a safe, loving, and nurturing environment for all families and children. Thank you for joining us on this journey!

You are deeply appreciated.

Yours in service,

Alexander Piro



*Our Mission:
Creating a network of
support through
education and resources,
to build confidence and
personal accountability
for healthy and
successful families.*

— “
*A healthy
family is at
the core of a
healthy society.*
” —

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Specialist

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Program Supervisor

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Communications Coordinator

TASIA DAVIDSON
We Care Shop Specialist

CAITLYN KESEBERG
Parent Educator

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We Care Shop
Support Specialist

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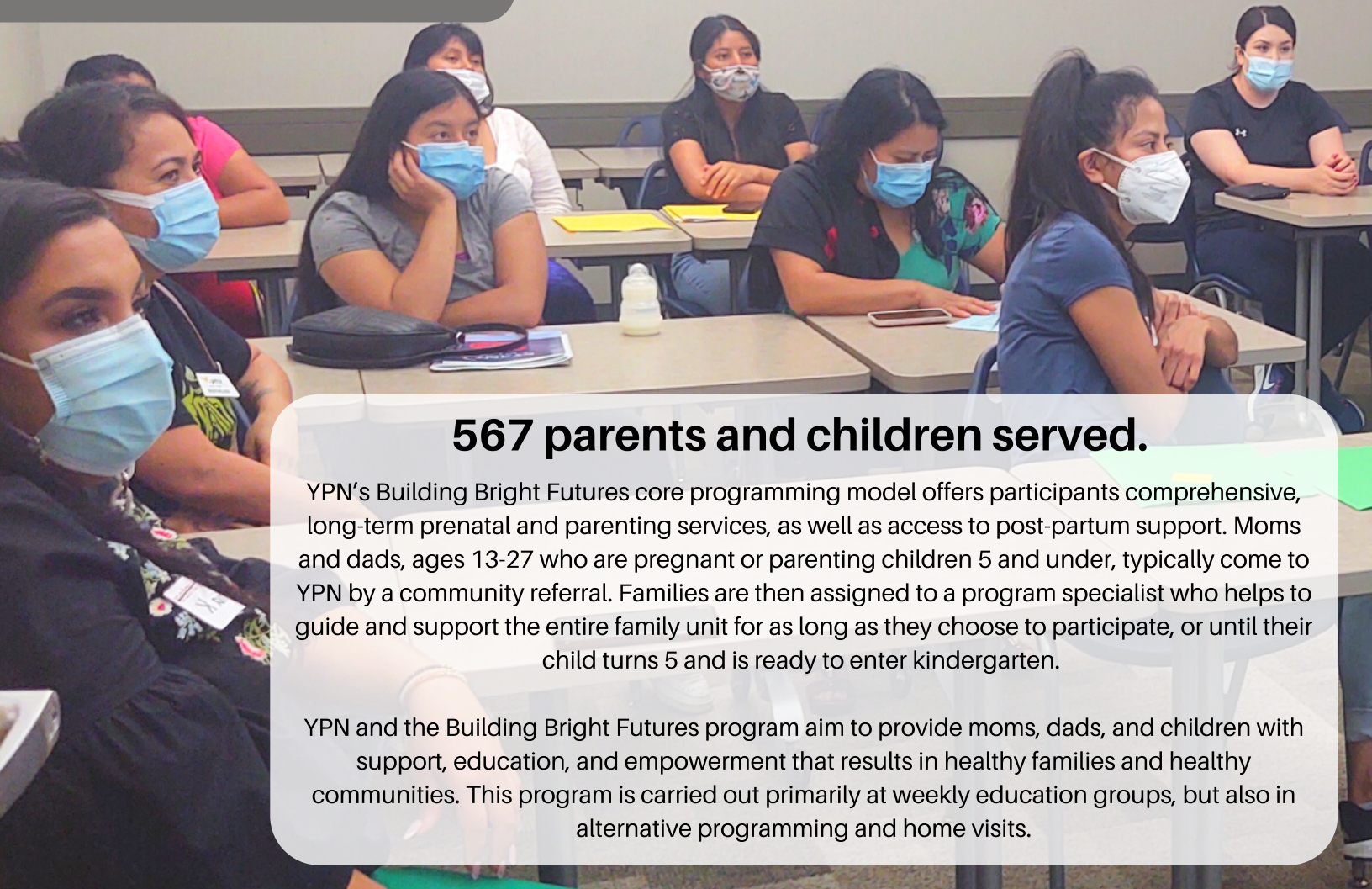
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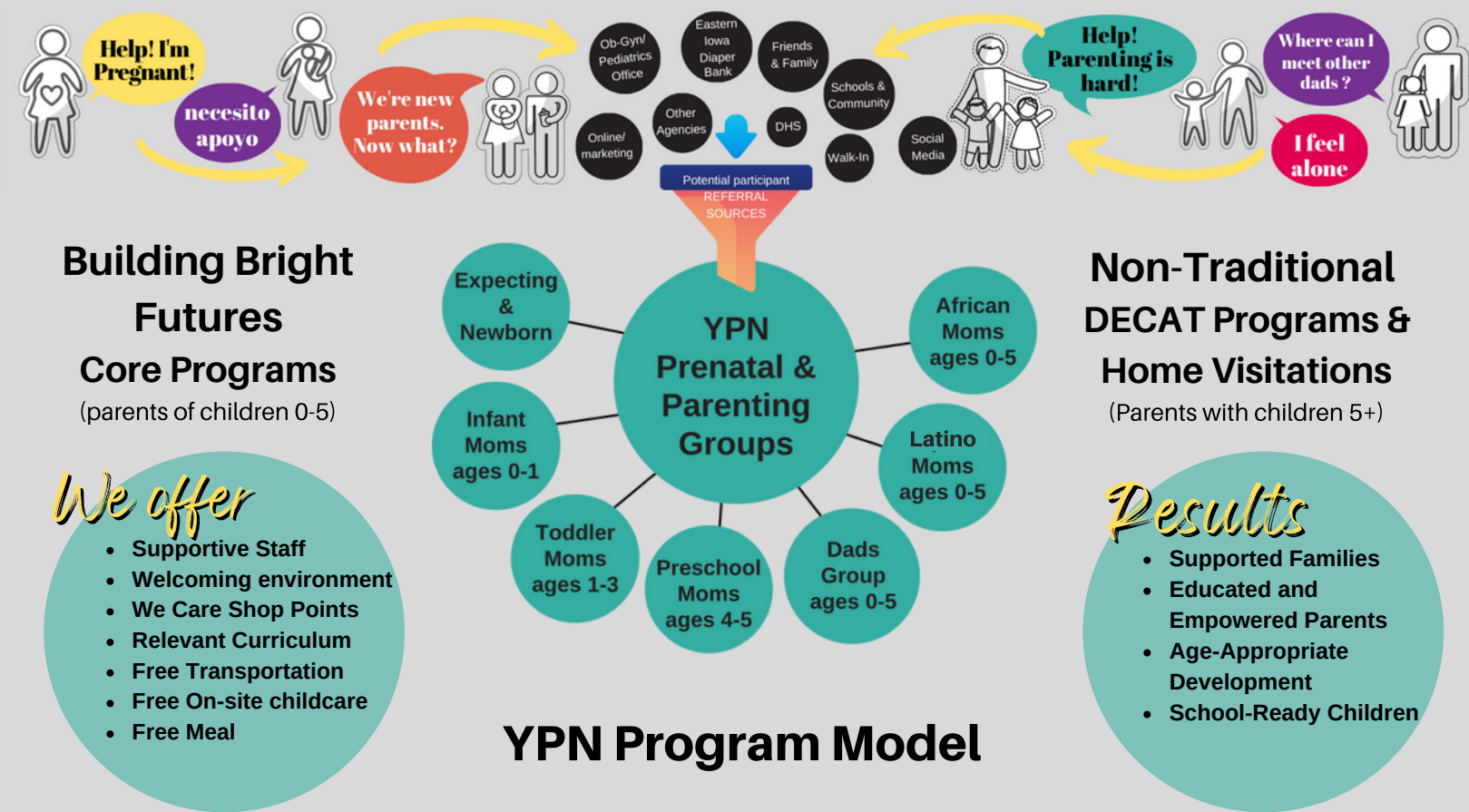
DAN THIES
OPN Architects



567 parents and children served.

YPN's Building Bright Futures core programming model offers participants comprehensive, long-term prenatal and parenting services, as well as access to post-partum support. Moms and dads, ages 13-27 who are pregnant or parenting children 5 and under, typically come to YPN by a community referral. Families are then assigned to a program specialist who helps to guide and support the entire family unit for as long as they choose to participate, or until their child turns 5 and is ready to enter kindergarten.

YPN and the Building Bright Futures program aim to provide moms, dads, and children with support, education, and empowerment that results in healthy families and healthy communities. This program is carried out primarily at weekly education groups, but also in alternative programming and home visits.





All YPN programs utilize evidence-based curricula offered in multiple languages and are adjusted as necessary for cultural appropriateness. Programs are designed to promote emotional, social, and academic competence for parents and to help prevent and reduce behavioral and emotional problems in young children.

Evaluation of our program is conducted twice per year using the Protective Factors Survey Retrospective and the Ages & Stages Questionnaire. Results allow for early intervention and referrals as necessary.

When parenting skills are learned and implemented, families build on their protective factors - characteristics that mitigate or reduce risk - which have been shown to reduce child abuse and maltreatment. Further, we know that a child's early years are critical in building a foundation for success with 90% of the brain's development occurring by age five.

Protective Factors Survey

Percentage of YPN families that report the following as maintained or improved:

Nurturing and Attachment - 73%

Understanding Child Development - 76%

Social Supports 78%

Understanding of Concrete Supports - 81%

Family Functioning 85%

Ages & Stages Questionnaire

Percentage of YPN children who demonstrated these age-appropriate development skills:

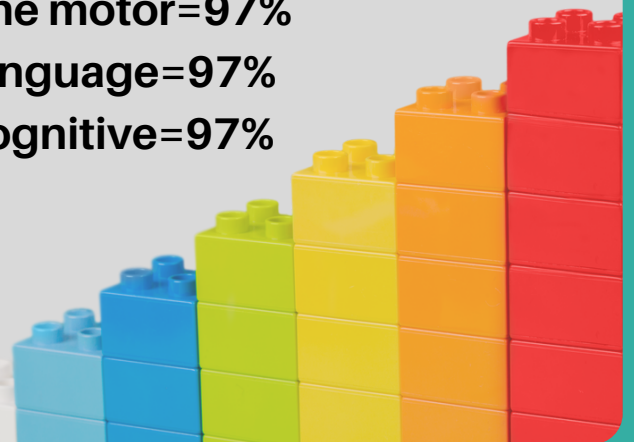
social-emotional=97%

gross motor=99%

fine motor=97%

language=97%

cognitive=97%




A YPN FAMILY STORY

As the parents of five children, ranging in ages 7 months to 11 years, Caitlyn and Derek quickly realized they needed some extra support. Caitlyn discovered YPN's We Care Shop while utilizing diaper incentive points she had received as a patient at the Eastern Iowa Health Center. While picking up diapers, Caitlyn talked to a friend who encouraged her to sign up for YPN programming. After two years of participating, the couple have been able to find the stability and balance they craved for their blended family.

Caitlyn and Derek achieved their goals by utilizing several YPN services including group education sessions, the We Care incentive shop, the Eastern Iowa Diaper Bank, and home visits. Caitlyn says these visits, conducted by a professional YPN staff member, help make her a better parent. Utilizing the *Parents As Teachers* curriculum, Caitlyn and Derek learn how to handle some of parenting's toughest challenges, like discipline. "Even though there are hectic days as a parent, home visits make me feel happy. Having those milestones, resources, and activities is very reassuring and makes me feel good."

Caitlyn adds that what she likes most about YPN is knowing she is not alone and that she has the support of a community of other parents. Goal setting, being held accountable, and knowing that her children are on track developmentally gives this young mom, and many other parents like her, the hope of a bright future.

A photograph of a family of five. A woman with dark hair is on the left, looking down at a baby. A man with a beard is in the center, smiling and looking at the baby. A young girl with brown hair is on the right, also looking at the baby. The baby is lying down, looking up at the woman. The background is a soft, out-of-focus indoor setting.

“There are so many ways that YPN has helped and, even when group was virtual, there was always relevant information and it always felt like there was a takeaway.

~Caitlyn S., YPN Mom

— “
*One day, I hope I
can help families
the way you do.*
” —

~Amanda, former YPN Mom

— “
*YPN is the only
[resource] out
there for dads.*
” —

~Blake, YPN Dad

— “
*YPN has been the
place I know I can
always count on.*
” —

~Ashley, YPN Mom

— “
*I'm really happy I
have a support system
to walk me through
this pregnancy.*
” —

~Taryn, YPN Mom

"Parent Café"
engages and
promotes deep
individual self-
reflection and peer-
to-peer learning.

"Love & Logic"
helps to create
loving solutions
while crafting
caring and
respectful
relationships.

**YPN provided
105
hours of additional
programming to
170
parents**

"24/7 Dad"
curriculum
teaches men the
characteristics
they need to be a
good dad.

**"Understanding
Dad"** sessions
help mothers
improve the
relationships they
have with fathers.

**YPN provided
681
home visits** to
74
families and
93
children**

A YPN Home Visit is:

- Centered on parent-child learning
- Focused on core child development areas
- Assist families with goal-setting and progress tracking

YPN offers curriculums and additional parenting programming and trainings that expand on the support given through core YPN programming. The information provided helps to improve behaviors and relationships between parents, children and the community.

*These additional offerings are Linn County Decategorization (Decat) Funded Programming.

**Home Visits are funded by Early Childhood of Iowa (ECI).



More than
1,283,500
diapers have
been given to
families in need
since 2016!

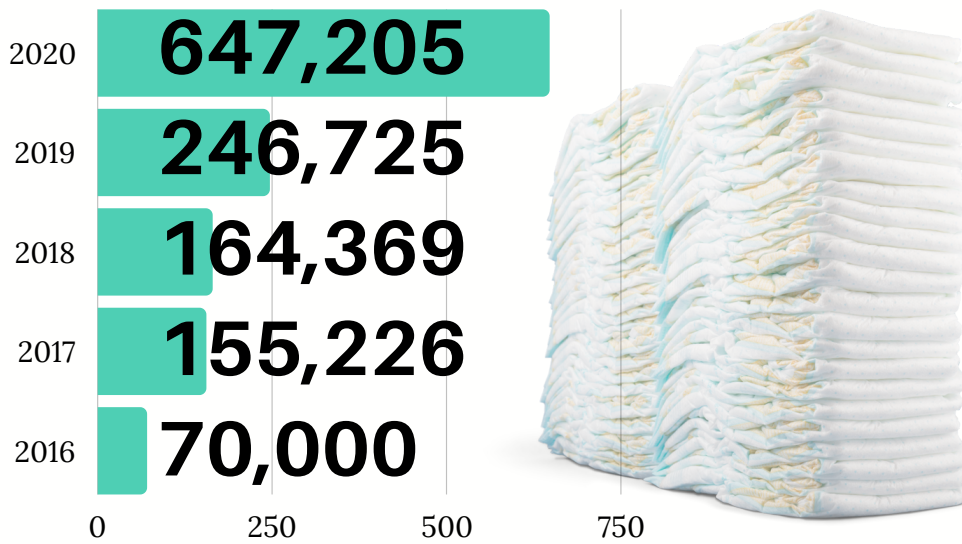


Thanks A Million ... and counting!

This year, the Eastern Iowa Diaper Bank (EIDB) entered into its fifth year of operation. The pandemic and derecho in 2020 created a large increase in demand for diapers, and the need isn't going away. On average, a monthly supply of diapers costs \$80, and low-income families spend nearly 14 percent of their paycheck to diaper their children. It is estimated that 1 in 3 families nationwide struggle to afford diapers for their babies.

The EIDB was established in 2016 through a partnership with YPN and the Eastern Iowa Health Center (the Cedar Rapids-based federally qualified health center). Recently, HACAP (the Hawkeye Area Community Action Program) joined as well. Clients of these organizations can enroll in the diaper bank program to earn diapers and wipes for their children through well-check visits, completing a YPN program, or participating in other services offered by these nonprofits.

The availability of a community diaper bank is an enormous asset as it allows families to save critical funds that can be used on other essentials like food and rent. Services such as these help people become more financially stable.



2020 Highlights

6,728
packs of
baby wipes

3,894
families
served

1,338
donors

— “ —
...[2020] was a rough year for us. I don't know what we would've done without the diaper bank.
— ” —

Prior to 2020, Andy and his fiancé, had never needed to utilize a community service. Andy shares, "I was able to provide for my family, so it was humbling to admit that we needed a hand." After seeing a news article, they quickly got in line. "When we arrived and saw the line of cars, it was evident that this organization truly cared about those in need after such a rough year - I don't know what we would've done without them."

YOU can help!

Donate Funds

Every dollar helps keep babies clean, dry, and healthy!

Donate Diapers

Donations are accepted in person or purchase online using our Amazon Wish List.

Volunteer

Volunteers are needed to help package diapers. Contact us to learn more!

Host a Diaper Drive

Collect at your office, school, or place of worship.

Donation Hours:

Monday - Friday
8am - 4pm

Contact Us!

420 6th Street SE
Cedar Rapids, IA 52401
319-364-8909

eidiaperbank.org



DONOR HIGHLIGHTS

The following community partners helped support YPN programs at the \$5,000 level or higher between July 2020 and June 2021.

Aegon Transamerica Foundation

Alliant Energy

Amerigroup Iowa's Community Transformation Grant

Coldwell Banker Hedges Realty

Dupaco Community Credit Union

General Mills Hometown

Grantmaking hosted by The

Minneapolis Foundation

Greater Cedar Rapids

Community Foundation

Linn County Early Childhood Iowa

McIntyre Foundation

M. Paul and Glennys Brimmer Foundation

New York Life

Paulson Electric/PEC

Communications

The McGrath Automotive Group

Fund of the Greater Cedar Rapids

Community Foundation

The P&G Fund of the Greater

Cincinnati Foundation

The World Class Industries Fund of the Greater Cedar Rapids

Community Foundation

Toyota

UFG

United Way of East Central Iowa



— “ —
I am so thankful to the donors who gave this award and opportunity [for me] to continue my education.
— ” —

~Online,
former YPN
participant and
Scholarship
Recipient

Since 2010, scholarships have been made available for YPN participants who wish to further their education.

Funded by private, anonymous donors, these scholarships help moms and dads "reach for the stars" and meet their life goals. Please contact us today to learn more about ways you can assist participants further their education.

Reach for the Stars!

Brian Stutzman Giving Society Members

January 1, 2020 - December 31, 2020 *

BRIAN STUTZMAN GIVING SOCIETY

Legacy - \$5,000+

Brian and Teri Donnelly
Mary and Claude Greiner
Barbara Washburn
Jim and Linda Zachar

Advocate Level - \$2500+

Anonymous
Terri Christoffersen
Kathy Donnelly
Chris and Lisa Edwards
Chris and Brandi Mueller
Mindy Olson and Ethan Domke

Oak Level - \$1,000+

Kelly Barrick
Brian and Christy Brandt
David and Ann Bunting
Jon and Tatum Buse
Pat and Kara Callanan
Bradley and Connie Canfield
Ted and Trish Ellison
Matt and Kate Evans
Tork and Lynn Harman
Gary and Julia Hawkins
Leony and Alison Kaster
Lugene Krieger
Robb and Dana Loftsgard
Brad and Amy Marcus
Dennis and Mary Miller
Ron and Sue Olson
Alejandro and Autumn Pino
Ron Pins
Gary and Cathy Rozek
Ted and Ann Ruske
Tim and Jenni Semelroth
Dan and Carolyn Thies
Derek and Aaron-Marie Thoms
Larry and Joni Witzel
Richard and Ann Woodward

Goldfinch - \$500

Terry and Johanna Abernathy
Marty and Stephanie Althoff
Shaun and Ashley Barry
Anthony Bennett
Brandon and Kim Blankenship
Jim Brown and Cindy Reece
Josh and Jen Burgett
Carol Cassells
Tammy Christensen
Jim and Lorilei Christner
Dan and Janet Engle
John and Sandy Ikeda
Brent and Kim Garrett
Luis and Gabby Granadillo
Chad and Julie Koutny
Kyle and Patti Kunz
Britton and Erin Langdon
Eric Langston
Christopher and Jane Lindell
Sean Matthews
William and Mary Lou McCartan
David and Lisa Morris
Ryan Norton
Gilbert and Jill Nuñez
John and Mary O'Connell
Adam and Liz Orton
Brett and Elizabeth Papendick
Dan and Barb Pederson
Kirk Sadilek
Jared and Brittany Scanlon
Stacey Jo Schmitt
Lori Schumann
James and Terry Roemig
Andy and Bailey Tiedt
Jamie Toledo
Nathan and Meredith Voight
Phil and Laura White
Sheila Wickham
Julie Zimmerman

"The true meaning of life is to plant trees, under whose shade you do not expect to sit."

~Nelson Henderson

In 2020, the Brian Stutzman Giving Society was established to honor the former Executive Director's impact and legacy, and as a way of highlighting donor investment in the financial stability of YPN. As the agency plans for the future, it is imperative to think long-term and strategically to ensure young families in Eastern Iowa, and beyond, continue to have access to quality programs and services.

www.ypniowa.org/give

BRIAN STUTZMAN
Giving Society

To become a member of the **Brian Stutzman Giving Society**, please mark your selection on the enclosed envelope or contact

Tisha Ritter, Director of Development.



319-364-8909



tritter@ypniowa.org

*Giving levels are determined by amount of cash giving within a calendar year.
Every effort has been made to ensure accuracy.





420 6th Street SE, Suite 260
Cedar Rapids, Iowa 52401
(319) 364-8909
www.ypniowa.org

Our Mission: Creating a network of support through education and resources, to build confidence and personal accountability for healthy and successful families.

Join us as we **Support, Educate,** and **Empower** families! Your contribution powers the programs and services YPN provides.

**DONATE
VOLUNTEER
CONNECT**



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ypn



YPN Iowa

Learn about all of these opportunities at

www.ypniowa.org/give